



# Vegetable Egg Rolls

**Freshly Cut Vegetables Blended  
with Tasty Authentic Asian  
Seasoning all Wrapped with Our  
Traditional Crispy Egg Roll Crust**



## **SERVING SUGGESTIONS**

- Cut On Bias With Your Favorite Dipping Sauce
- Place Whole In Wax Paper Bag To Go
- 3 Ounce Portion Size
- Great Appetizer Item
- Dippable In Any Side Sauce
- Great Flavor In Appetizer Size
- Crispy Egg Roll Skin
- Able To Be Deep Fried, Air Fried, or Baked

# Vegetable Egg Rolls

KEEP FROZEN

## HEATING INSTRUCTIONS

Deep Fryer 350°F  
Frozen 6-7 min  
Thawed 4 min

Conventional Oven 400°F  
8-9 minutes each side

Airfry: Frozen 400°F – 12-14 minutes

Heat to Internal Temperature of 165°F



## Vegetable Egg Rolls

### INGREDIENTS

**FILLING:** Cabbage, Celery, Dry Mushroom, Carrot, Textured Vegetable Protein (Soy Monoitrate, Pyridoxine Hydrochloride, Riboflavin And Cyanocobalamn), Sugar, Salt, Methylcellulose, Modified Food Starch, Monosodium Glutimate, Vegetable Oil, Garlic Powder, Black Pepper, Xanthan Gum.

**CRUST: Egg Roll Wrapper** (Wheat Flour [Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Malted Barley Flour, Potassium Bromate], Water, Egg, Salt, Corn Starch, Soy Lecithin, FD&C Yellow #5 & #6, Less Than 0.1 Of 1% Sodium Benzoate As A Preservative.

**Allergens: Wheat, Soy, Egg, Monosodium Glutimate**

## Nutrition Facts

1 servings per container

**Serving size** 1pc (3 oz/ 85g)

**Amount Per Serving**

**Calories** 100

**% Daily Value\***

**Total Fat** 1g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 10mg 3%

**Sodium** 270mg 12%

**Total Carbohydrate** 26g 9%

Dietary Fiber 7g 25%

Total Sugars 3g

Includes 0g Added Sugars 0%

**Protein** 0g

Vitamin D 0mcg 0%

Calcium 23mg 2%

Iron 1mg 6%

Potassium 181mg 4%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.